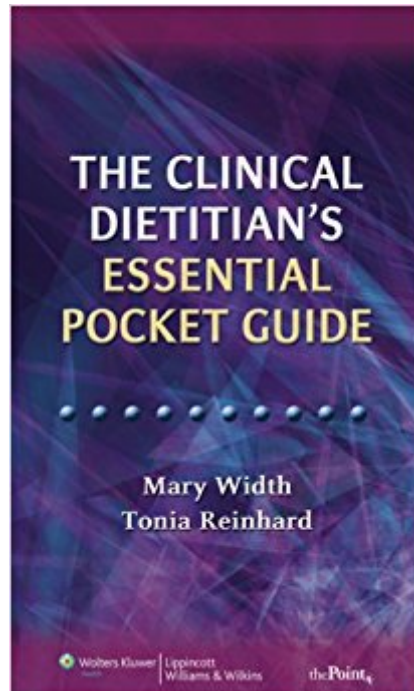




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# The Clinical Dietitian's Essential Pocket Guide



## Synopsis

The Clinical Dietitian's Essential Pocket Guide is an up-to-date, concise pocket-sized reference that clinical dietitians can tailor to their own practice. Part I covers nutritional assessment, life stage assessment, and nutrition support. Part II addresses nutrition considerations for specific diseases—cancer, cardiovascular disease, diabetes, gastrointestinal diseases, liver and pancreatic diseases, renal diseases, and pulmonary diseases. Appendices on food-drug interactions, laboratory assessment, and useful reference materials are also included. Within each disease chapter, a uniform format includes sections on disease process, treatment and nutritional intervention, and patient education. Blank pages in each chapter allow users to add their own notes or references.

## Book Information

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## Customer Reviews

The pages in this manual are thinner than newspaper. They start to rip when I (very gently!) flip through it. Expected much better since I paid over \$40 for this tiny book. Info is just okay, estimations seem off for certain calculations (fluid needs, a few others). It's just okay. Whats the point of having a pocket guide that is too delicate to carry around and use as a reference?!

I am an RD who purchased this book for hospital use. I highly recommend it! The book provides specific recommendations for nutrition support, including tube feedings. It has space for notes. I doubt I will use my heavy binder ever again! I prefer this guide to the ADA pocket guide. I found that

the ADA guide did not have much information that I actually needed on the floors. This guide, however, contains specific info that I will use!

I got this book in addition to 5 other pocket books. My clinical rotation gave me a lot of information for that particular hospital, and I still referred to this book A LOT! It has almost everything. I did find the RDs thought some of the quick calorie estimates to be a bit high and liberalized. My preceptors were more on the conservative side. It really depends on the hospital/RD you are with. Overall, I know I will still be using this while I get established and am very happy with it.

I bought this before starting my dietetic internship. I carried it in my lab coat throughout every rotation. It was very helpful, as it outlined every major section of clinical nutrition and MNT.

This book wasn't required for any of my nutrition classes but it was very useful to have. It has all the important numbers and risk factors, major drug/nutrient interactions, and a lot of helpful medical nutrition therapy information.

As an RD I have a copy of this pocket guide at work. It is great for a quick reference.

It's useful at first for my clinical rotation. After being at the hospital for awhile, they have their own protocols and this is no longer needed. But it is a good quick reference for background info on diseases.

This book is ideal for dietetic interns. It contains a little of everything such as food/drug interactions, anthropometric calculations, nutrients requirements for disease states etc. It just reinforces what one should know.

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